

Blessed is he whose transgression *is for***giv**en,

whose sin is *re***mit**ted.

Blessed the man to whom the LORD im*putes no* **guilt,**

in whose spirit is *no* **guile.**

I kept it secret and my *frame was* **wast**ed. [6]

I groaned all *day* **long,**

To you I have acknow*ledged my* **sin;**

my guilt I did *not* **hide**.

I said, “I will confess my transgression *to the* **LORD.”**

And you have forgiven the guilt of *my* **sin.**

I will instruct *you and* **teach** you [5]

the way you *should* **go;**

I will fix my *eyes up* **on** you.  
 Rejoice in the LORD; ex*ult, you* **just!**

Ring out your joy, all you upright *of* **heart!**

